



Oregon Park Baseball Association

Oregon Park and Cobb County want to provide a safe place for your child to play baseball. You and your family to read and understand the requirements and practice common sense for this process to work. You have to be accountable and take responsibility for you and your family members to keep others safe and healthy.

All parents must acknowledge this process in order for their child or children to play baseball at Oregon Park. If you do not agree, then you will not be allowed to participate in OP baseball events.

Everyone's Responsibility:

1. Wash your hands as defined by the CDC
2. Use hand sanitizer when you don't have soap and water
3. Don't touch your face
4. If you're sick, have runny nose, fever or any other sick feeling, STAY HOME (This is not optional)
5. Disinfect your child's helmet, bat and glove after each game and practice with proper cleaner
6. Follow and reinforce the "NO Touch" policy (Defined below)
7. Stay 6ft away from one another and avoid congregating in small areas
8. Follow the guidelines of this document
9. No gum or seeds allowed on any field for practices or games

Coaches Responsibility:

1. Will not have team huddles where the team is close to one another, only group meetings where the kids are spread out a few feet from one another.
2. Will ensure the kids are spread out in the dugout and players bags (if applicable) are spread out every 6ft. inside and outside the dugout.
3. Will ensure there are no high-fives or handshakes within team members.
4. Will talk with the players about proper responsibilities during these careful times of COVID19 on a regular basis, first, second and third practice and again every couple practices and games to ensure the policies stay top of mind.
5. End of game sportsmanship handshake is not allowed, instead, each team will line up on their closest base line and tip their cap to the other team.
6. Coaches should remind parents to send hand sanitizer with their kids to practices and games and ensure the kids use it couple times during their event to promote a healthy zone.
7. Communicate with Parents regularly to ensure their child knows what is expected of them as listed in this document and for Parents to maintain 6ft distance from one another while watching the event.
8. Will enforce the "No Touch" policy.

Players Responsibility:

1. Do not bring Gum or Seeds to any field for practices or games.
2. Will Not come to the fields or event if they feel sick, have a fever, runny nose or not feeling well.
3. Refrain from touching their face during baseball events.
4. Not share their baseball equipment with other players or borrow someone else's equipment.

5. Will keep their property, equipment, hats with their baseball bag or bucket and not laying around the dugout.
6. Will label their hat and mitt with their name so they can easily identify it and prevent kids from touching other player's equipment and hats.
7. Not touch other players unless it is a play where they are required to.
8. Use hand sanitizer when possible during the event, provided by the coach or brought by themselves.
9. Wash hands before and after practice, following CDC guidelines.
10. Maintain safe distances from other players while in the dugout.
11. Will not give other players or coaches high-fives, fist bumps or handshakes while at any baseball event.
12. Will not do team huddles.
13. Will not do end of game handshakes.

Your Coach has been provided with this "No Touch" policy and asked that you do your part in making sure your child understands it and will abide by it effective immediately at practices and games. The "No Touch" policy and the detail of this document are all commonsense items we all need to practice and support.

"No-Touch" policy for practices and games to include all players, coaches, and umpires.

• Practices:

- No team cheers where you put your hands in together, instead do it as a group by chanting and/or yelling, no touching or stacking hands and remain distanced from one another
- Coaches to do drills in groups of 3 or 4 spread across the fields
- Dugout space, players remain properly distanced and no touching each other
- Bleachers should be used by players and coaches only. Parents and spectators should bring a chair or stand. Each family unit should space a minimum of 6 feet

• Games:

- Game time Home Plate meeting: at the home plate coaches meeting, please do not greet each other with the traditional handshake, instead just say Hi, no touching
- Game Time: do not do the team huddle chants with hands in and instead just circle up and do your chant with no hands in, maintain proper distance in team meetings
- Game Time: when someone hits a home run, hits an RBI or anything where the team would normally come out to high five the player, refrain from this and have the team players chant or yell great job
- Game Time; at the end of the game teams should line up on the base path closest to their dugout spread out appropriately and tip their cap to the other team, no handshakes, fist bumps or high fives where touching is involved
- Dugouts may be used by players with proper social distancing (max of 5 players in the dugout at any time)
- Bleachers should be used by players and coaches only. Parents and spectators should bring a chair or stand. Each family unit should space a minimum of 6 feet
- Parents should bring hand sanitizer/antibacterial wipes for their players to utilize between innings

• **Miscellaneous Items:**

- Bats: Don't let kids share bats, they should have their own and use their own bat during this period
- Catchers gear: we are working on providing disinfectant to spray on the gear when it is shared among the kids. For now, try to only have one kid catch that must use the OP provided catching gear or if you have Lysol or Bleach wipes, please wipe down the catcher's mask
- Parents, maintain proper distancing from other parents/people while watching the baseball event

If we all practice these items and common sense, take responsibility for our families, we will maintain a safe environment to continue to play Baseball.

Revised August, 2020